

Daily Learning Planner

*Ideas families can use to help students
do well in school*

Dodgeville High School



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Put your teen in charge of the next family birthday celebration.
- 2. Discuss the importance of self-respect. No one should have to be embarrassed or hurt to join a group or make friends.
- 3. One easy way to spend time with your teen is by offering a casual invitation: "Would you go on an errand with me?"
- 4. Don't use screen time as a reward or punishment. It will make it seem even more important to your teen.
- 5. Encourage your teen to interview an older relative about his or her life.
- 6. Point out news items about engineering and scientific breakthroughs and the people that make them.
- 7. Cook dinner with your teen. Together, brainstorm ways to add more vegetables to something you're preparing.
- 8. An "I don't care" attitude may be hiding the fact that your teen needs help in a class.
- 9. Discuss the ways people show their character through their choices.
- 10. Encourage your teen to take responsibility for schoolwork. Offer only one reminder about assignments that need doing.
- 11. Tell your teen to set a timer when doing boring tasks. Trying to "beat the clock" turns chores into fun challenges.
- 12. Encourage your teen to ask, "Why is this here?" when looking at a photo, graph or chart in a text.
- 13. Talk about ways your teen could get more sleep.
- 14. Help your teen prepare a résumé. It will come in handy when filling out summer job applications.
- 15. Suggest writing to-dos on sticky notes to get organized.
- 16. Ask your teen to guess which ingredients or vitamins are in a food. Then check the label.
- 17. Help your teen make flash cards to study for final exams.
- 18. Take a walk on a clear night and look at the sky. Can your teen pick out any constellations?
- 19. Make sure your teen has some kind of savings plan.
- 20. Take your teen to the library to browse for appealing summer reading.
- 21. Is your teen a new driver? Review the rules of the road.
- 22. Allow your teen to choose when and where to study. Grades will tell you both whether the choices are working.
- 23. Encourage your teen to proofread slowly. Our eyes tend to fill in missing letters or words.
- 24. Help your teen maintain momentum. A simple "How's the project going?" or "Almost there!" can motivate students to keep going.
- 25. Poor reading skills are a leading reason teens drop out of school. If your teen has trouble reading, ask a school counselor how to get help.
- 26. Teach your teen to trust gut instincts. If a situation seems like it may get out of hand, your teen should avoid it.
- 27. Review time-management skills, like breaking big projects down into small parts.
- 28. Planning a move? See if your teen can visit the new school for a day.
- 29. Ask your teen to take pictures at a family outing.
- 30. Expect your teen to attend school every single day until the last day of school.
- 31. Laugh with your teen about a mistake you made.